



A.D.H.D

By Trevor Larson

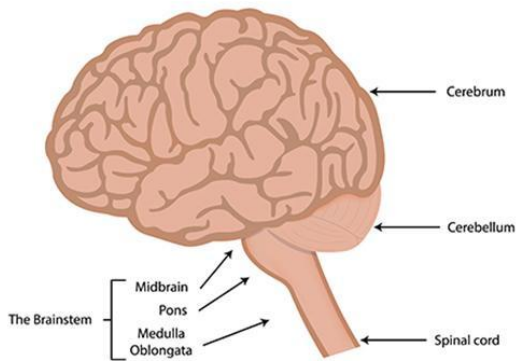
ADHD Overview

- ADHD stands for attention deficit hyperactivity disorder, a condition with symptoms such as inattentiveness, impulsivity, and hyperactivity. The symptoms differ from person to person.
- Formerly called attention deficit disorder.
- Both children and adults can have ADHD
- Symptoms begin in childhood

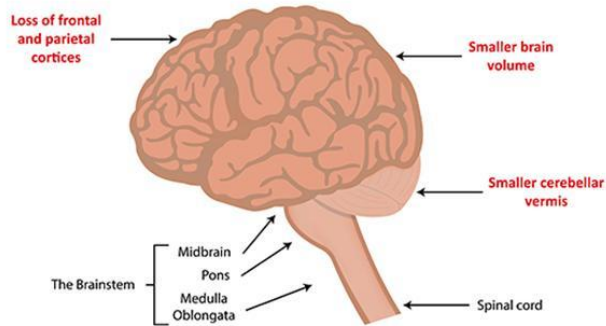
Brain Difference

ADHD

Healthy Brain



Brain with ADHD



Symptoms

- Three groups
 1. Inattention- disorganized, lacks focus, makes careless mistakes, might seem messy, doesn't't listen well, doesn't't follow social rules
 2. Hyperactivity-fidget and squirm, run or climb, constantly in motion, cant do quiet hobbies
 3. Impulsivity- impatience, hard time waiting, blurt out answers, interrupt or intrude, start conversations at inappropriate times.

Treatment

- Multimodal approach- medications, behavioral therapy, education.
- Medication- stimulants- Adderall, must be careful of side effects.
- Behavioral therapy- curbs problematic behaviors, helps organize time, complete homework, or control impulses.
- Education- parents, positive and negative feed back, giving time outs.
- Entire family may be involved

Strategies

- Classroom setup
- Assignments
- Distractibility
- Organization/Planning
- Moods/Socialization

Classroom Setup

- Front and center
- Seat near good role model
- Away from doors and windows



Assignments

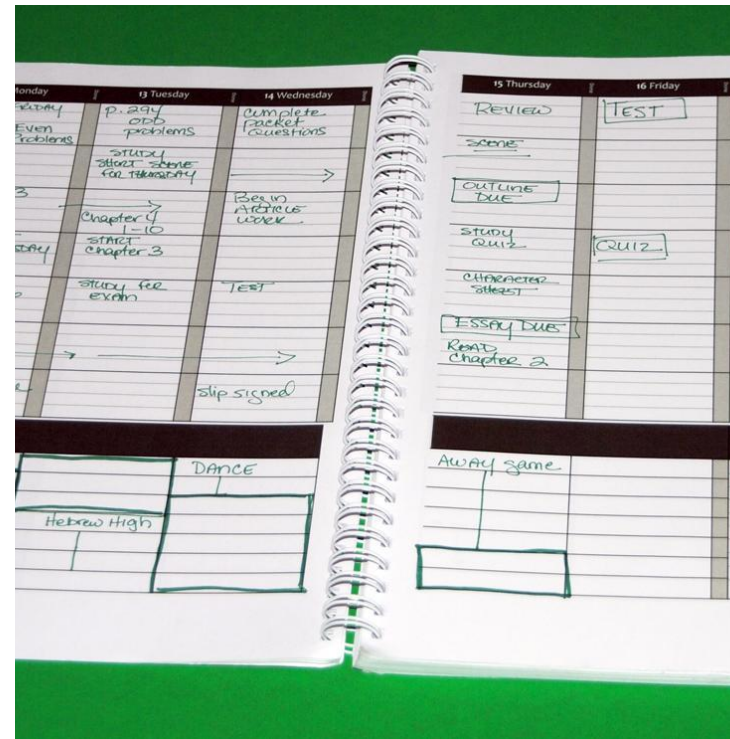
- Allow extra time
- Break into smaller parts
- Shorten assignments
- Pair oral with written instructions

Distractibility

- Peer assistance note taking
- Ask questions to encourage participation
- Involve student in lesson presentation
- Cuing student with private task
- 5 minute check before turning in
- Acknowledge answers when hand raised
- Daily/ weekly progress reports home

Organization/ Planning

- Binders with dividers and folders
- Assignment book, supervise writing down
- Set of books at home
- Short breaks between assignments



Moods/Socialization

- Social-behavior goals, implement reward program
- Complement positive behavior
- Give opportunity to lead
- Walk away from angering situations

Work Cited

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