

Developmental Milestone: Third Grade 7-9 years old

Physical Development

- Enjoy new skills- both gross and motor
- Height and weight are increasing steadily
- Increased stamina and strength
- Improved coordination and agility



Personal Development

- Capable of managing own daily routine
- May experience signs of puberty around 9 years old (mainly girls)
- Can take responsibility for themselves
- Learn to deal with success and failure



Social Development

- Have friends of the same-sex
- Begin to feel empathetic (put themselves in other people's shoes)
- Ability to engage in competition

Cognitive Development

- Can contribute to long-term plans
- Logical thinking - students start to apply their personal knowledge and experience to particular situations
- Ability to engage in complex conversations

1. "Child Development and Trauma Guide: 7-9 years." *Every child, every chance*. Victorian Government, 2007. <https://www.secasa.com.au/assets/Documents/child-development-and-trauma-guide-7-9yrs.pdf>.
2. "Developmental Milestones - School Age Children." *National Resource Center for Family-Centered Practice and Permanency Planning*. Hunter College School of Social Work, 2009. http://calswec.berkeley.edu/files/uploads/sw_contact_parent_schoolage_0.pdf.