

# What is to be Expected of my Second Grader?



Second grade is a big year of independence and development. A child's physical, cognitive, personal and social skills develop rapidly during the ages of 6, 7, and 8. It is important for second graders to start building on their confidence through daily activities. Much encouragement and support is needed from parents in this time of a child's developmental milestones.

## PHYSICAL DEVELOPMENT

- Active for longer periods of time with less fatigue
- Learning to use small muscles in hands (scissor skills, handwriting and tying shoes)
- When tired may not want to rest

## COGNITIVE DEVELOPMENT

- Seek for reasons and ask more questions
- Understand cause and effect
- Longer attention span; play and pay attention for at least 30-45 mins
- Plan ahead for the day

## PERSONAL DEVELOPMENT

- Have moments of insecurity and need encouragement from parents
- Swift changes of attitude and emotion
- Show more concern for others than themselves

## SOCIAL DEVELOPMENT

- Participate in group activities
- Pay attention to friendships and teamwork
- Become more independent
- Work well with peers

Child's Name:

Child's Age:

Today's Date:

Sources: <https://www.understood.org/en/learning-attention-issues/signs-symptoms/developmental-milestones/developmental-milestones-for-typical-second-and-third-graders>

<https://www.cdc.gov/ncbddd/childdevelopment/positiveparenting/middle.html>